

CULTURAL IDENTITY



WHAT IS CULTURAL IDENTITY

Cultural identity is the sense of belonging to a cultural group. It's what makes you feel like you're part of something bigger than yourself. It's why you have a favorite cuisine, or wear certain clothes, or speak in a certain language or in a certain way.



IMPORTANCE

Cultural identity is important because it gives us an understanding of who we are, where we came from, and where we're going. It helps us understand our history and our place in the world.

Our cultural identity is affected by factors such as...

- ▶ The way we're raised (our parents, teachers, peers)
- ▶ The way we learn to perceive and understand the world around us
- ▶ The media we consume (TV, music, movies)

RESPECT AND EMPATHY

It's important to respect the cultural identity of others. It's easy to get wrapped up in our own lives, but we need to make an effort to understand and appreciate other cultures. Being more understanding and empathetic allows us to see things from their perspective, which can help us get along better with them. It also helps us become more tolerant of other people and their differences—and that can only lead to a better world!

CONSEQUENCES OF LOSING YOUR CULTURAL IDENTITY

When you lose your cultural identity, you lose a part of yourself. You lose the ability to share with others who come from the same place that you do, and you lose the ability to connect with people who share your history, your language, and your culture.

PRESERVING YOUR CULTURAL IDENTITY

- ▶ Learn as much as you can about the history of your culture
- ▶ Read books about different cultures—especially ones that take place in different eras or locations
- ▶ Try new foods from around the world
- ▶ Watch movies and listen to music from another countries



PARTNERS:



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